

Unit 7 — Leadership

Activities, Exercises & Assignments

Reflection

- What makes a strong leader in an aquatic environment?
- How do leadership and supervision overlap?

Activities

1. List 3 qualities you admire in leaders and how you can apply them.
2. Role-play a leadership challenge with peers.
3. Case Study – Staff morale is low. As the supervisor, what strategies do you use to motivate your team?

Assignment

- Prepare a personal leadership philosophy statement.