

## **Unit 2 – Aquatics: Rules & Regulations**

### **Activities**

1. List 5 key rules that every aquatic facility must enforce.
2. Reflect: Which rule do you think is most often ignored by patrons? Why?
3. Compare facility rules from 2 different pools in your area.

### **Exercises**

1. True/False: Lifeguards may create their own rules if they feel it's safer.
2. Case Study: A swimmer refuses to shower before entering. How should staff respond?

### **Assignment**

Assignment: Draft a facility rules poster (1 page) that is clear, friendly, and effective.