

# Unit 5 – Building Your Team

## Activities

1. Reflection: What qualities make a strong aquatic team?
2. Think: When did you feel most supported by a team?

## Exercises

1. Case Study: Two staff members argue during shift. How should you resolve it?
2. Exercise: Pair skills with roles (e.g., communication → front desk).

## Assignment

Assignment: Create a 1-page recruitment flyer for lifeguards and instructors.